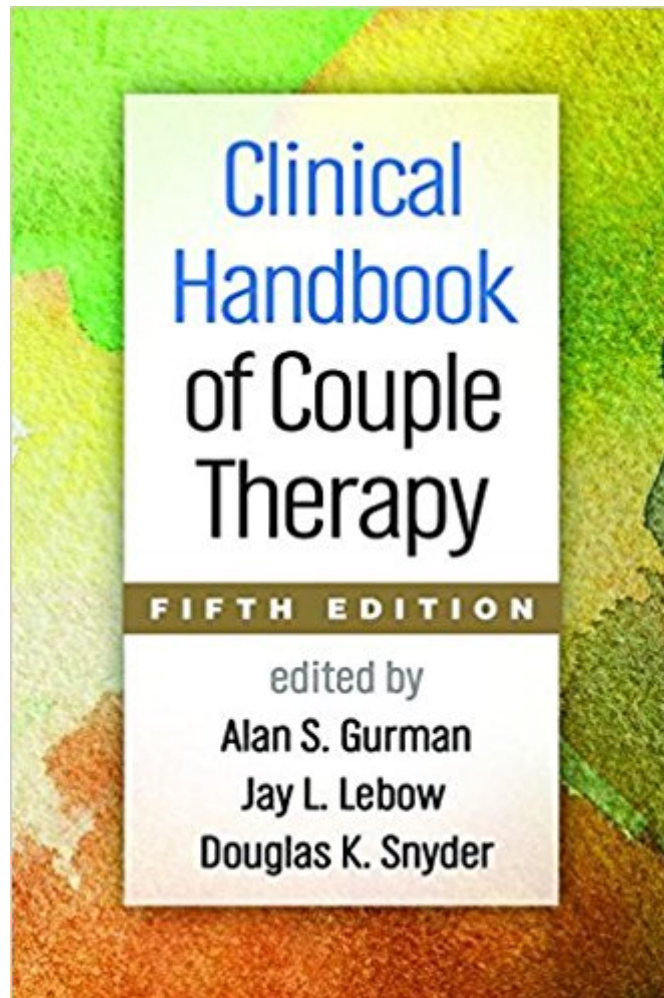




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Clinical Handbook Of Couple Therapy, Fifth Edition



Synopsis

Regarded as the authoritative reference and text, this handbook presents the most effective, widely studied approaches to couple therapy. The distinguished coeditors bring together other leading experts, most of whom developed the approaches they describe. Adhering closely to a uniform structure to facilitate study and comparison, chapters cover the history, theoretical and empirical underpinnings, and techniques of each model. The volume also describes cutting-edge applications for particular relationship contexts (such as blended families, LGBT couples, and separated couples) and clinical problems (such as partner aggression, psychological disorders, and medical issues). New to This Edition *Chapters on interpersonal neurobiology and intercultural relationships. *Chapters on couple therapy for PTSD, functional analytic couple therapy, and the integrative problem-centered metaframeworks approach. *Many new authors. *Extensively revised with the latest theory and research. See also *Clinical Casebook of Couple Therapy*, edited by Alan S. Gurman, which presents in-depth illustrations of treatment.

Book Information

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Customer Reviews

"Reading the fifth edition of this classic work left me struck by the astonishing progress in the field. Clinical and scientific advances abound in these pages. The chapter authors are the best clinicians and researchers we have. Their original voices come through within a common organizational frame that allows easy comparison across models and topics. The addition of chapters on PTSD, interpersonal neurobiology, and intercultural relationships is particularly noteworthy. This book is

straightforward enough for students and beginners and sophisticated enough for senior therapists who want an update on one of the most exciting areas in contemporary psychotherapy."--William J. Doherty, PhD, Couple and Family Therapy Program, University of Minnesota "Truly a tour de force. With thoughtfully crafted chapters by prominent couple therapists who represent the diverse range of theoretical perspectives, this fifth edition offers both empirical support and practical clinical advice. The volume addresses the many changes in the field, highlights up-to-date research findings, and links them to interventions. This book is a 'must read' for anyone learning how to practice couple therapy, as well as for seasoned couple therapists from any theoretical orientation who are committed to practicing state-of-the-art interventions. Readers will find the book to be brilliantly written and clinically illuminating."--Nadine J. Kaslow, PhD, ABPP, Department of Psychiatry and Behavioral Sciences, Emory University School of Medicine; past president (2014), American Psychological Association "Once again, the Handbook rises to the challenge of being the definitive guide to couple treatments, with encyclopedic coverage of different therapeutic approaches, populations, and targeted problems. The fifth edition includes exciting chapters on novel couple therapies for PTSD and intimate partner violence, new tips for working with stepfamilies, and 'news from neuroscience' for the couple therapy field. As in prior editions, the integration of research findings, techniques, and detailed clinical examples facilitates understanding for clinicians at all levels."--Brian D. Doss, PhD, Department of Psychology, University of Miami "Remarkable in its breadth and depth. This handbook is a fitting tribute to the late Alan S. Gurman's legacy as the quintessential historian and interpreter of couple therapy. No student or practitioner could consider him or herself informed without a knowledge of these chapters, which are written by a veritable 'who's who' of the discipline. These pages reveal and honor both the diversity among approaches and the striking similarities among core mechanisms of change. If I were to choose one book to anchor my professional library for the next 5 years, this would be it!"--Douglas H. Sprenkle, PhD, Doctoral Program in Marriage and Family Therapy (Emeritus), Purdue University "The most comprehensive, well-respected source on how to do therapy with couples. A benefit of the fifth edition is the historical view that the contributors provide; many have been leaders in couple therapy for over 20 years. The book also incorporates the latest developments, such as interpersonal neurobiology. At the University of San Diego, we have used this book for many years as our core text for the Couple Therapy class, and we will enthusiastically incorporate the fifth edition into our curriculum."--JoEllen Patterson, PhD, Department of Counseling and Marital and Family Therapy, University of San Diego "I purchased my first copy of the Clinical Handbook of Couple Therapy at the beginning of my third year of

graduate school, and I've owned a copy ever since. The fifth edition, published in 2015, provides readers with a map of the evolving field of couple therapy. Like older versions, the fifth edition highlights the major approaches to couple therapy, and serves as a handbook for both new and experienced clinicians. The Clinical Handbook of Couple Therapy offers novices and seasoned clinicians a fine reference book to guide them whether they are interested in learning about a specific approach to couple therapy, or about how to think about or treat a specific issue. The book will always have a place on my clinical book shelf." (The Family Psychologist 2016-05-01)"Considered to be the authoritative reference in the field of couple therapy. Once again, the editors successfully manage to bring together renowned authors to write chapters about the most used models as well as integrate new developments in the field of couple therapy--much needed additions. This is appropriate for students in the field of couple and family therapy, as well as skilled practitioners. This update does not disappoint in quality or depth. It makes the same excellent contribution in presenting the models as previous editions and it also provides a thorough look at newer and much needed developments in the field. (Doody's Review Service 2016-02-22)"Clearly the definitive reference book in this field....Psychiatrists of any persuasion will find an abundance of valuable pearls." (on the fourth edition) (Journal of Clinical Psychiatry 2009-10-10)"The book is exactly what therapists interested in couple therapy should read as they embark on a career in the field....This text is ideally suited as an introduction to couple therapy for students....A must for any couples therapist's library." (on the fourth edition) (Journal of Marital and Family Therapy 2010-01-01)

Alan S. Gurman, PhD, until his death in 2013, was Emeritus Professor of Psychiatry at the University of Wisconsin School of Medicine and Public Health in Madison. A pioneer in the development of integrative approaches to couple therapy, he edited and wrote many influential books; was a past two-term editor of the Journal of Marital and Family Therapy; and was former president of the Society for Psychotherapy Research. Dr. Gurman was a recipient of awards including the Distinguished Contribution to Research in Family Therapy Award from the American Association for Marriage and Family Therapy (AAMFT), the Distinguished Achievement in Family Therapy Research Award from the American Family Therapy Academy (AFTA), and the Distinguished Contribution to Family Psychology Award from the Society for Family Psychology, Division 43 of the American Psychological Association. He also received the Award for Distinguished Achievement in Teaching and Training from the Association of Psychology Postdoctoral and Internship Centers. Jay L. Lebow, PhD, is Clinical Professor of Psychology at

Northwestern University and a senior therapist at The Family Institute at Northwestern University. He is also editor-in-chief of the journal Family Process. He has engaged in clinical practice, supervision, and research on couple and family therapy for over 30 years, and is board certified in family psychology and an approved supervisor and clinical member of AAMFT. Dr. Lebow's numerous publications focus on practice of couple and family therapy, the relationship of research and practice, integrative practice, and intervention strategies with divorcing families. He served on the Board of Directors and as a committee chair of AFTA and is a past president of the Society for Family Psychology. He is a recipient of the Lifetime Achievement Award from AFTA and the Family Psychologist of the Year Award from the Society of Family Psychology. Douglas K. Snyder, PhD, is Professor of Psychology at Texas A&M University, where he also served as Director of Clinical Training for 20 years. He is coauthor or coeditor of several books, including Helping Couples Get Past the Affair and Couple-Based Interventions for Military and Veteran Families. Dr. Snyder has served as editor of the Clinician's Research Digest and as associate editor of the Journal of Consulting and Clinical Psychology and the Journal of Family Psychology. He is a recipient of the Distinguished Contribution to Research in Family Therapy Award from AAMFT and the Distinguished Contribution to Family Psychology Award from the Society for Family Psychology.

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Not a very good book. Author jumps all over the place and it does not seem like the author is up to date on politically correct terms and ideas.

Love the book but seriously, how much more difficult did the language need to be? It makes it too hard to follow or even understand at times. I like the techniques and examples but could've done with less encyclopedic jargon.

Im in my Master of Counseling Program with Walden University and was happy to find this book for an affordable price and in good condition with no wear.

This book was awesome, it provided great insight into Couple issues, as well as individual situations. Thank you.

This is very much a reference book but I will definitely keep it for a long time!

Probably the best collection of essays on couple therapy today.

Good book

Serves the purpose it is intended to.

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